

Recommendations From the Stop Bullying Program



Someone is at immediate
risk of harm

Call 911

Your child is feeling
suicidal because of
bullying

Call the National Suicide
Prevention Lifeline at
800-273-8255

Your child's teacher is not
keeping your child safe
from being bullied

Contact the local school
administrator (principal or
superintendent)

Your school is not keeping
your child safe from being
bullied

Contact the state's
department of education

Your child is sick,
stressed, not sleeping, or
is having other problems
because of bullying

Contact a counselor or
other health professional

Your child is bullied
because of race,
ethnicity, or disability, and
local help is not working to
solve the problem.

Contact the U.S.
Department of Education's
Office for Civil Rights at
800-421-3481 or
OCR@ed.gov