

NORTHERN LIGHTS PEDIATRIC & ADOLESCENT MEDICINE

Benadryl Dosing Chart

DIPHENHYDRAMINE (Brand Name: Benadryl)
For infants 6 months or older only

Benadryl is an antihistamine, so it can be used for allergic reactions, allergies, and for cough/cold symptoms. It can be given every 6 hours. Benadryl comes in Children's liquid suspension, Children's Chewable tablets, Children's Meltaway strips or adult tablets.

This sheet is not specific to your child but provides general information. If you have any questions, please call your clinic or pharmacy.

Weight	Children's Liquid Suspension	Children's Chewable tablets	Children's Meltaway strips
	(12.5 mg/5 ml)	(12.5 mg)	(12.5 mg)
11 lb to 16 lb 7 oz	½ tsp or 2.5 ml	X	X
16 lb 8 oz to 21 lb 15 oz	¾ tsp or 3.75 ml	X	X
22 lb to 26 lb 7 oz	1 tsp or 5 ml	1 tablet	1 Meltaway
27 lb 8 oz to 32 lb 15 oz	1¼ tsp or 6.25 ml	1 tablet	1 Meltaway
33 lb to 37 lb 7 oz	1½ tsp or 7.5 ml	1 tablet	1 Meltaway
38 lb, 8 oz to 43 lb 15 oz	1¾ tsp or 8.75 ml	1 tablet	1 Meltaway
44 lb to 54 lb 15 oz	2 tsp or 10 ml	2 chewable tabs	2 Meltaways
55 lb to 65 lb 15 oz	2½ tsp	2 chewable tabs	2 Meltaways
66 lb to 76 lb 15 oz	3 tsp	2 chewable tabs	2 Meltaways
77 lb to 87 lb 5 oz	3¾ tsp	2 chewable tabs	2 Meltaways
88 lb +	4 tsp	4 chewable tabs	4 Meltaways